Ballet RAD	Min Age	Class day/time	Class Day/time	One or Both classes Req.
Ballet Prep	5	Sat 10.45-11.15am		One class per week
Pre-Primary	6	Sat 11.15am-12.00pm		One class per week
Primary	7	Sat 10.00-10.45am		One Class per week
Grade 1	8	Mon 5.15-6.15pm	Sat 10.45-11.45am	Both Classes Required
Grade 2	9	Fri 5.45 - 6.45pm	Sat 11.45am-12.45pm	Both Classes Required
Grade 3	10	Mon 6.15-7.15pm	Fri 4.345-5.45pm	Both Classes Required
Grade 4	11	Thur 6.00-7.00pm	Fri 3.45-4.45pm	Both Classes Required
Grade 5	12	Tues 6.00-7.00pm	Thur 6.00-7.00pm	Both Classes Required
Pointe Junior	Invite only	Thur 4.00-5.00pm		One Class per week
Pointe Senior	Invite only	Tues 5.00-6.00pm		One Class per week
Intermediate Foundation	13	Tue 4.00-5.00pm	Thur 5.00-6.00pm	Both Classes Required
Intermediate	14	Thur 8.00-9.00pm	Fri 6.45-7.45pm	Both Classes Required
Advanced Foundation	15	Wed 8.30-9.30pm	Thu 4.00-5.00pm	Both Classes Required
Advanced One	16	Not running 2026		
Advanced Two	17	Not running 2026		

Jazz APDA	Min Age	Class day/time	Class Day/time	One or Both classes Req.
Jazz Prep	5	Sat 9.30-10.00am		One class per week
Primary Jazz One	6	Sat 9.00-9.30am		One class per week
Primary Jazz Two	7	Sat 11.15-11.45am		One class per week
Junior Jazz One	8	Tue 5.15 - 6.00pm	Sat 10.30-11.15am	One class per week - choose either
Junior Jazz Two	9	Fri 4.30 - 5.15pm	Sat 10.30-11.15am	Both Classes Required
Junior Jazz Three	10	Thu 4.00-4.45pm	Fri 4.30 - 5.15pm	Both Classes Required
Elementary Jazz One	11	Mon 5.15-6.15pm	Fri 5.45 - 6.45pm	Both Classes Required
Elementary Jazz Two	12	Wed 7.30-8.30pm	Fri 5.45- 6.45pm	Both Classes Required
Elementary Jazz Three	13	Mon 8.15-9.15pm	Wed 6.30 - 7.30pm	Both Classes Required
Intermediate Jazz One	14	Tue 8.15 -9.15pm	Wed 6.30-7.30pm	Both Classes Required
Intermediate Jazz Two	15	Not running 2026		
Intermediate Jazz Three	16	Mon 7.15-8.15pm	Tue 8.00 - 9.00pm	Both Classes Required
Advanced Jazz One	17	Not running 2026		
Advanced Jazz Two	18	Mon 6.15-7.15pm	Wed 7.30 - 8.30pm	Both Classes Required
Open Junior Jazz	7+	Tue 6.00-7.00pm		
Open Senior Jazz	12+	Tue 7.00-8.00pm		

Musical Theatre APDA	Min Age	Class day/time	
Stage Sprouts	5	Mon 4.00-4.30pm	All musical Theatre students must be in an Exam class in Ballet, Contemporary, Jazz or Tap
Broadway Baby	6	Sat 12.00-12.30pm	
Level 1	7	Sat 9.30-10.00am	
Level 2	8	Mon 4.45-5.15pm	
Level 3	9	Sat 10.00-10.30am	
Level 4	10	Tue 4.00-4.30pm	
Level 5	11	Tue 3.45-4.30pm	
Level 6	12	Tue 5.15-6.00pm	
Level 7	13	Wed 8.30 -9.15pm	
Level 8	14	Not running 2026	
Level 9	15	Fri 6.45 - 7.30pm	
Level 10	16	Wed 4.15 -5.00pm	
Solo Seal	17	Mon 9.15-9.45pm	

Contemporary APDA	Min Age	Class day/time
Level 1	7	Thur 3.30 - 4.00pm
Level 2	8	Thur 3.30-4.00pm
Level 3	9	Tue 4.30-5.15pm
Level 4	10	Mon 7.15-8.15pm
Level 5	11	Thur 5.00-6.00pm
Level 6	12	Fri 4.45 - 5.45pm
Level 7	13	Fri 5.45-6.45pm
Level 8	14	Wed 8.30 - 9.30pm
Level 9	15	Mon 8.15-9.15pm
Level 10	16	Not running in 2026

Solo Seal	17	Fri 2.30-3.00pm

Hip Hop APDA	Min Age	Class day /time
Lil' Groovers	5	Sat 11.15 -11.45am
Little Lockers (Foundation level)	6	Sat 9.30-10.00am
Level 1	7	12.00-12.30pm
Level 2	8	Tue 3.30-4.00pm
Level 3	9	Mon 4.00-4.45pm
Level 4	10	Mon 6.15-7.15pm
Level 5	11	Mon 5.15-6.15pm
Level 6	12	Thur 7.00-8.00pm
Level 7	13	Not running in 2026
Level 8	14	Thur 6.00-7.00pm
Level 9	15	Mon 7.15-8.15pm
Level 10	16	Tue 6.00-7.00pm
Solo Seal	17	Not running in 2026

Tap	Min Age	Class day/time	Class Day/time	One or Both classes Req.
Baby Beats (Pre-Primary)	5	Sat 9.00-9.30am		One class per week
Super Striker One (Primary 1)	6	Sat 10.00-10.30am		One class per week
Super Striker Two (Primary 2)	7	Thu 3.30- 4.00pm		One class per week
Super Striker 3 (Junior 1)	8	Fri 3.45 - 4.30pm		One class per week
Rhythm Rockets 1 (Junior 2)	9	Thur 6.15-7.00pm		One class per week
Rhythm Rockets 2 (Junior 3)	10	Fri 6.45-7.30pm	Wed 5.00-5.45pm	Both Classes Required
Rhythm Rockets 3 (Elementary 1)	11	Mon 3.30-4.15pm	Wed 5.00-5.45pm	Both Classes Required
Fleet Feet 1 (Elementary 2)	12	Wed 4.00-5.00pm APDA	Fri 7.30 -8.30pm NZAMD	Both Classes Required
Fleet Feet 2 (Elementary 3)	13	Mon 6.15-7.15pm NZAMD	Wed 7.30-8.30 APDA	Both Classes Required
Fleet Feet 3 (Intermediate 1)	14	Mon 7.15-8.15pm NZAMD	Turs 6.00-7.00pm APDA	Both Classes Required
Beat Master 1 (Intermediate 2)	15	Not running 2026		
Beat Master 2 (Intermediate 3)	16	Tue 9.15-10.15am APDA	Thur 2.45-3.30pm NZAMD	Both Classes Required
Beat Master 3 (Advanced 1)	17	Tue 7.30-8.00pm NZAMD	Thur 8.00-9.00pm APDA	Both Classes Required
Legends (Advanced 2)	18	Wed 8.30-9.30pm		
Adults Tap	25+	Wed 6.30-7.30pm		
Open Tap	11+	Thurs 7.00-8.00pm		

Preschool	Age	Class day/time
Tiny Tots	1-2yr	Sat 9.30-10.00am
Mini-Mover M	3-4yrs	Sat 9.00-9.30am
Mini Mover Z	3-4yrs	Sat 10.00-10.30am

Acro	Age	Class day/time
Level 2	Approx 7+	Sat 12.45-1.45pm
Level 3	Approx 9+	Fri 3.45-4.45

Troupes and Crews	Training day/time
Ballet Troupe	Mon 4.15-5.15pm
Junior Jazz Troupe	Wed 4.00-5.00pm
Senior Jazz Troupe	Wed 5.00-6.30pm
Junior Tap Troupe	Thur 4.00- 4.45pm
Senior Tap Troupe	Mon 5.15-6.15pm
Junior Hip Hop Crew	Thu 5.00-6.00pm